



Welcome to the Cal Poly Wheelmen Cycling Club

We're looking forward to a great year!

Our Mission

The Wheelmen provide Cal Poly students the opportunity to experience a fun and healthy cycling lifestyle. We promote recreational riding, commuter transportation, collegiate cycling competition, and interaction with the greater cycling community and general community of San Luis Obispo. The Wheelmen help our members establish a lifelong love for cycling and involvement in furthering the cycling lifestyle and the cycling community.

We aim to build our community through cycling – an activity that benefits a person entirely, with the potential to bring people together in the Cal Poly and San Luis Obispo Community.

The Club is co-ed and open to all members of the Cal Poly Community – alumni, faculty and students.

The Club competes as a team in three formal disciplines – Mountain, Road, and Track, and informally in many others.

UNIVERSITY

The Cal Poly Wheelmen Cycling club is an entity of California Polytechnic State University at San Luis Obispo. As such, all racers must have good standing with the university. Furthermore, all members are considered to be on University Business while representing the Wheelmen and must act accordingly.

MEMBERSHIP DUES

The annual membership fee is \$40. The fee is payable by check or money to Cal Poly Wheelmen. Dues can be paid at any general meeting.

CLUB Equipment

The club has a variety of road and mountain gear available for member use, including: road bikes, protective gear, shoes, peddles, and clothes. To request the use of the club's equipment, please contact the Road or Mountain Coordinator. Waivers and maintenance fees can apply for larger items.

COMMITMENT and RIDER RESPONSIBILITIES

As a member of the Wheelmen you represent yourself, the club, and our sponsors. Please respect your teammates and members of the cycling community at large (ideally you will treat all with respect), represent our sponsors well, honor our traditions and be a supportive team member.

The Wheelmen cannot exist without the support of its members. This support can take many forms such as riding and racing with teammates. It can also be in the form of volunteering time with club programming and races. Members are expected to fulfill a minimum level of involvement each quarter. Meeting minimums will allow members to receive support from the club. For more details on involvement please see the form included at the end of the package.

Responsibilities:

- Wear team clothing for racing and all other appropriate events
- Promote sponsors of the club
- Promote the sport of cycling
- Demonstrate responsible conduct, sportsmanship and promote safety
- Volunteer for a minimum of three (3) hours during each home race weekend.*
- Volunteer for a minimum of one (1) approved activity per quarter for a minimum of three (3) hours.* Additional involvement is highly encouraged.
- Prospective Collegiate National Championship Riders are required to complete additional requirements as stated in the *Nationals Selection Process*.

* New members joining the Wheelmen during their first year to attend Cal Poly may waive the requirements until their second quarter in the club.

CLUB RIDES

The club leads a variety of group rides throughout the year. Ride announcements are made at general meetings as well as through the e-mail alias and online calendar. All riders wishing to participate must complete the *Cal Poly University Release Agreement* and *Inherent Risk of Participation* forms prior to the ride, these forms can be found online at the Wheelmen website. If you are a member, these forms may be completed once for the school year.

Riders are encouraged to be prepared and self-sufficient on rides by dressing appropriately, carrying spare tubes, tools, food, water, and a tire pump. As with all Wheelmen rides, we adhere to a "no-drop" policy and a helmet is required to participate. Please respect ride leaders, and their decisions regarding safety, as they have the authority to ask you to leave.

RACING

While we compete in races throughout California and Nevada, the club hosts two races a year during both road and mountain season. In addition to our hosted races, the club selects "target races" for the season. These are typically closer races that are of greatest importance for conference points. We expect club members to make every effort to participate in these events.

RACING LICENSES

The Cal Poly Wheelmen Cycling Club is a USA Cycling sanctioned club and requests its members to purchase a yearly individual membership with USA Cycling. Membership benefits include racing opportunities in mountain, road, and track racing, insurance at USA Cycling events and a reduced insurance charge at USA Cycling sanctioned events. Calendar year membership currently cost \$30 per year. Please visit www.usacycling.org for details on becoming a member.

To race in Collegiate Races, you must have a license. Often, you can purchase a daily license at the event for \$10, which the club *will not* compensate. Riders wishing to race in the Men's A or Women's A category are *required* to purchase an annual license.

UNIFORMS

The club orders uniforms in two batches. In order to receive your uniform for the racing season it is important to purchase items for the first order that will be compiled during September or October at a general meeting.

The second order is supplemental and will only be placed as need dictates; typically around March with an 8-10 week turnaround.

WEBSITE

If you haven't already, please check out our website: www.cpslowheelmen.org
The website features the club calendar, forum, road and mountain information, WheelWomen information, valuable documents, and contact information. Club members may use the forum to get information regarding club issues, general chit chat, discussion amongst cycling specialties and levels and opportunities, and more.

BECOME A WHEELMEN!

To join the club please visit our website and click on "Join the Wheelmen". Please fill out and print all paperwork on the site and return it, with your membership dues, to the Secretary at a general meeting.

RIDE ON!

How to Join the Wheelmen

All of the following forms must be completed in order for your membership to be processed. Turn in completed paperwork and dues (\$40) to the Secretary. Paperwork is available on the Wheelmen Website under “Join the Wheelmen”



Wheelmen Membership Form

- <http://studentlife.calpoly.edu/spo/SC%20Resources/New/sc%20membership.pdf>



Cal Poly Club Sports Program - Athlete Code of Conduct

- <http://www.studentlife.calpoly.edu/spo/SC%20Resources/New/Code%20of%20Conduct.pdf>



University Activity Release Agreement

- http://www.studentlife.calpoly.edu/spo/SC%20Resources/Forms/University_Activity_Release_AgreementTC091007.pdf



Identified Risks of Participation

- See above link and note:
Activity Title: Wheelmen Practice Rides
Date: September 1st, 2008 to August 31st 2009



Travel Emergency Card

- Included Below



Membership Involvement Requirement

- Included below



Photocopies

- Cal Poly ID
- Driver's License or other photo ID
- Health insurance card if you have it
- Car insurance card if you have it

Cal Poly Student Travel Emergency Information Card

Cal Poly Wheelmen Cycling Club

Personal Information

Last Name: _____ First Name: _____ Middle Initial: _____

Local Phone Number: (____) _____ - _____

Cell Phone Number: (____) _____ - _____

EmplID Number: _____

Local Street Address: _____ Unit # _____

City: _____ State: _____ Zip: _____

Email address: _____

Health Insurance

Company Name: _____

Policy Number: _____

Personal Vehicle

Make: _____

Model: _____

Year: _____

Color: _____

Vehicle License: _____

Auto Insurance

Company Name: _____

Policy Number: _____

Driver's License number: _____

Emergency Contact (non-Wheelmen)

Relationship: _____

Name: _____

Street Address: _____ Unit # _____

City: _____ State: _____ Zip: _____

Home Phone Number: (____) _____ - _____

Cell Phone Number: (____) _____ - _____

Work Phone Number: (____) _____ - _____

Email: _____

Member Involvement Requirements

The Cal Poly Wheelmen Cycling Club promotes cycling and the cycling community of San Luis Obispo by organizing and supporting cycling events. Members are expected to take part in these by serving a minimum volunteer requirement per quarter. Meeting minimums will allow members to receive support from the club.

Policy:

- All club members must complete the involvement requirements to receive club support.
- New members joining the Wheelmen during their first year to attend Cal Poly may waive the requirements until their second quarter in the club.
- Requirements are to be completed quarterly; Fall, Winter, and Spring. Involvement during summer will carry over for Fall.
- Members are encouraged to wear Wheelmen apparel when appropriate at volunteer activities.
- Members are expected to represent the Wheelmen responsibly.
- Members may not receive credit when they receive money for volunteering (ie. while on payroll).
- Members exceeding minimum requirements will become candidates for additional rewards.

Requirements:

- Members must volunteer for a minimum of **three (3) hours during each home race weekend (or a designated shift)**.
- Members must volunteer for a minimum of **one (1) approved activity per quarter for a minimum of three (3) hours (or a designated shift)**. Additional involvement is highly encouraged.
- Nationals riders are required to complete additional requirements as stated in the “Nationals Selection Process”. <http://www.cpslowheelmen.org/documents.html>

Members that opt out of volunteering should expect the following:

- No race fee compensation.
- No Wheelmen sponsorship deals.
- Restricted access to Wheelmen club activities such as Death Rides and club banquets.

Approved Activities:

- Club Activities
 - o Booths – WOW, Farmer’s Market, Open House
 - o Weekly Bike Fixes
 - o Home race volunteer
 - o Help officers with administrative duties
 - o Prepare and give a presentation at a general meeting
- Community Activities
 - o SLOBC Lighthouse and/or Wildflower Centuries (Truck loading, pre-ride, ride)
 - o Farmer’s Market Bike Valet
 - o CCCMB trail-work
 - o Ride Share – elementary school bike-safety presentations
- Other
 - o If it’s not listed above, speak to an Officer for approval.

Name: _____ Date: _____

Signature: _____